

Salford Health Improvement Service

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Who we are

- We are a public health provider organisation
- Group of experienced, qualified public health specialists and experienced public health practitioners



Where are we

- Eight Teams Based in Neighbourhoods
- Single Point of Access
- Central Health Promotion Team
- Management Team
- Community Recovery Service Drugs and Alcohol



Our products (1)

1) Health and wellbeing programmes

- Information, campaigns and sign posting
- Interventions, courses and programmes
- One to one support and behaviour change
- Developing community groups and schemes

2) Health related training and development

- Healthy lifestyle training packages
- Community development packages



Our products (2)

3) Creating resilient communities and community capacity

- Supporting people to set up and become involved in community groups
- Social support – *inter-connectedness & inter-dependence*
- Wellbeing education and health knowledge
- Positive environments and valuing local assets
- Enabling change

4) Health systems data management and referral processes

- Single point where data is shared and processes are joined up between agencies
- Provider of health promotion resources



Some of Our Programmes

- Work Place Health
- NHS Health Checks, Campaigns and Health Bus
- Community Healthy Lifestyles – allotments, gardening, healthy cookery on a budget, cycling, outdoor gyms, household gyms, kurling
- Emotional Support.
- Confidence Building and Preparing for Work
- Older People and Social Support



Some of Our Programmes

- We Are Tooth Healthy
- We Are Clean Service
- Best Start – Healthy pregnancy, breastfeeding, weaning, sleep safe, healthy eating
- Family Wellbeing/Helping Families
- Young people's wellbeing
- Stop Smoking service
- Keeping Well self care programme



Resources



Current contracts

- Public Health
- Clinical Commissioning
- Health & Wellbeing Board
- Clinical Commissioning and Public Health



Our Strengths

- Relationships with communities
- Experienced, qualified, flexible staff
- Registered training provider
- Relationships with partners
- Developing new evidence based services
- Delivering change
- Social value
- Achieving service outcomes
- Responsive service



What our clients say about the service

“Without the support I would have given up breastfeeding a long time ago but now my son is 5 months old and I am still breastfeeding.”

“The group is excellent. I’ve had lots of support and advice”

“I cannot believe how frightened and negative I felt during that period, but now I would be the first to go the GP if I had any symptoms and tell other people.”

*“My family were really impressed, I felt really proud.”
(quote from a young person)*



What people say about our service

“My physical activity levels have increased so much throughout the summer and I can now tie my own shoe laces, which doesn’t sound much but it is a massive thing for me.”

“My clothes fit better, even more so than when I have lost weight before.”

“My asthma also feels better.”

“We have been really motivated and I feel that my mental wellbeing has been raised, not just from being more active but from meeting and interacting with like minded people with the same goals”



What else people say

- Level of satisfaction with the Health Improvement Service is very high, with 99% of services users stating that they were either 'fairly satisfied' or 'very satisfied' with the service.
- 98% of people accessing the health bus would recommend the service to a family or friend.



Performance in 2013-2014

- 54,400 people engaged with the service
- 203 volunteers working in the service.
- 27 new independent community groups have been established.
- 711 individuals shared their skills with others.
- Delivered the Health and Wellbeing Board's priority to support community resilience.
- 72% of users (sample = 1189) have improved their self-reported wellbeing.
- 717 people engaged in structured physical activity projects and improved their level of physical activity.
- 75 workplaces received work place health programme, 670 people have made a change.
- 38 work preparation courses delivered, attended by 400 people.



Why choose Salford Health Improvement Service

- Market leader in Greater Manchester
- Strong established relationships across the health and social care economy
- Community development is at the heart of our service
- Trusted local provider with a proven track record
- Embedded across the health and social care economy in Salford
 - core business, as well as adaptability in delivering in new areas such as mental health, social care, drug alcohol services, environmental planning...



How to get in touch

Telephone: 0800 952 1000

Email: health.improvement@salford.gov.uk

Online referral: <http://www.salford.gov.uk/health-improvement-service>

