



Salford and Trafford Local Medical Committee
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**Minutes of the Salford and Trafford Annual General Meeting
held on Monday 8th December 2014 at Sam Platts Old Trafford**

Present:

EXECUTIVE MEMBERS

Dr I Maclean
Dr C Kelman
Dr G Patel

Ms A Pickering
Dr S Salim
Dr P Gray
Dr -Phil McEvoy (Six Degrees)

MEMBERS

Dr A Prabhakaran
Dr S Johnston
Dr VB Raj

IN ATTENDANCE

Mrs V Simenoff
Mrs K Rowlands

CO-OPTED MEMBERS & OBSERVERS

Ms A Ferguson (Mastercall)
Dr N Hyams
Ms J Crean
Dr N Guest
Dr P Jackson
Dr A St Rose
Dr H Siddiqi
Dr S Tandon
Dr J Burgess
Dr B Choudry
Dr R Clare
Mr K Walker (Blackett & Walker)
Ms A Overton
Dr H Swindles
Ms A Simpson
Ms A Howell
Ms V Fowler

APOLOGIES

Ms M Buck
Ms G Lawrence
Dr J Walton
Ms L Rodway
Mrs J McGovern (Salford Council)
Ms D Darlington
Mr C Booth
Dr B Williams
Dr M Yates
Dr C Tower
Mr C Brooks
Dr M Singhal
Mr A Campbell

WHEN THE ONLY CONSTANT IS CHANGE.....
MAINTAINING YOUR RESILIENCE!

Welcome and LMC report from Dr Iain Maclean, LMC Chair

Dr Iain Maclean opened the meeting by welcoming everyone and thanking them for their attendance.

Dr Maclean outlined the structure of the evening in a short presentation that included thanks to the LMC Executive and Secretariat, Salford & Trafford subcommittee members, co-opted members and observers. Dr Maclean went on to summarise some of the work the LMC had been involved in over the past year and the challenges that lay ahead. More detail can be found in the presentation slides included with these minutes.

Pension Scheme update from Kevin Walker NHS Pension Specialist & INDEPENDENT Financial Adviser Blakett and Walker Accountants

Kevin Walker presented the meeting with an outline of the up and coming changes to the pension scheme. He began by talking about **Auto Enrolment**. This is the result of a piece of government legislation which became effective in October 2012 and is still being rolled out. The purpose of the legislation is to ensure that every employer auto enrols all eligible jobholders into a Qualifying Workplace Pension Scheme (QWPS).

He went on to talk about when practices would be affected and what needed to be done ensure they carry out their responsibilities as an employer. The main steps were summarised as follows:

- **Know when you need to be ready**
- **Provide a point of contact**
- **Develop your initial plans**
- **Choose your software and check records**
- **Choose a pension scheme**
- **Assess and automatically enrol your staff**
- **Tell your staff**
- **Complete your declaration of compliance (registration)**
- **Maintain records**
- **Fulfil ongoing responsibilities**

Kevin then went on to talk about Pension changes, what GP's need to be aware of and how Practice Managers would be affected. He began by

providing some background and then went on to highlight the information required. He also said that the information provided by NHSPA is not always correct and that GP's should not rely on its accuracy. He concluded with thanking everyone for their time and invited questions to be answered in the Q & A session to follow.

More detailed information can be found in the presentation slides included with these minutes.

Handling the stress of General Practice - Phil McEvoy Managing Director Six Degrees Social Enterprise

Dr Phil McEvoy opened with an icebreaker to get everyone talking to each other. He then outlined the objectives of his presentation which were:

- To offer a diagnostic tool that may help to identify whether you are currently working in a sustainable way or not
- Give those present a chance to reflect on the obstacles that may be stopping them from being where they would prefer to be
- Give them a few moments to think about how they may overcome the obstacles they may be encountering

A questionnaire was handed out and everyone was asked to complete it and then plot their score on the chart at the back of the form. Results were then discussed and suggestions made on how to do things differently using various tools of support. The LMC thanked Dr McEvoy for his time and questions were invited to be answered in the Q & A session to follow.

A copy of the questionnaire and how to score results are included on the presentation slides included with these minutes.

Practice Resilience and how to achieve it - Vivienne Simenoff Chief Executive Salford & Trafford LMC

Vivienne opened her presentation with a definition of what it is to be resilient:

- Able to return to normal shape after stretching etc
- (of a person) recovering quickly from a shock etc

General practice has been stretched to breaking point and needs to be able to WITHSTAND the pressure and RECOVER.

Vivienne went on to talk about some of the factors that have caused the stretch, such as workload, an aging population, funding, lack of resource etc. She said that practices could be helped if they know what lay ahead and what to expect for the future. New Models of care were discussed and the opportunities provided by co-commissioning as well as the risks.

Vivienne concluded her presentation by saying:

- When the going gets tough – and it IS tough out there, when stress levels increase and we feel under pressure – BE AWARE:
- Aware of your own stress levels – prioritise your own health!
- Be aware of those around you. No-one you work with is an automaton, and you aren't either!
-

TREAT PEOPLE AS YOU WOULD LIKE TO BE TREATED

More information can be found in the presentation slides included with these minutes.

Dr Maclean thanked all the speakers and then introduced the Q & A session.

Questions and Answers

Q. How do we put the word out to GP's?

A. Follow good employment practice, monitor staff wellbeing, be supportive and give people the opportunity to learn. (Phil McEvoy)

Q. How often can we apply for an Allowance Statement.

A. Once a Year (Keith Walker)

Q. Why are there so many problems in getting accurate information from the Pensions Agency – and why has the BMA not challenged this?

A. The BMA has been trying to work with the Pensions Agency to resolve many of these issues – unfortunately massive reorganisation has seen a number of people with long term knowledge leave – and this has not helped.

Q. Is there a view that GP Practices will be taken over by Trusts?

A. Suggest you read Sir David Daltons report. Panel Members recognised that GP Principals have provided a very cost effective form of service.

Salaried GPs would be likely to only provide the service they are contracted for.

Q. Does UKIP have a care agenda?

A. Not sure if they do, talk of a US style Insurance policy scheme but this has not been stated.

Dr Maclean thanked everyone for coming and said that he felt that it had been a very worthwhile meeting – it was only a shame that more GPs had not been able to attend. The meeting closed at 9pm.

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DATES FOR 2015 MEETINGS

Held on a Monday 7.15pm – 9.15pm (Buffet 6.45) at Cromptons at the Waterside 1 Parrin Lane Monton, Manchester M30 8AN

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PART B

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